

Sweet

Notes

March 2006

FRIDAY, MARCH 3

"MUST LOVE DOGS"

1 P.M.

WEDNESDAY, MARCH 8

FIRE SAFETY SEMINAR

10 A.M.

FRIDAY, MARCH 10

GALVESTON

DEPART AT 9 A.M.

FRIDAY, MARCH 17

POT LUCK 11:30 A.M.

BUNCO 1 P.M.

FRIDAY, MARCH 24

BINGO (BRING CANNED FOODS)

2 P.M.

TUESDAY, WEDNESDAY & THURSDAY

MARCH 28, 29 & 30

THE NATURE TOUR

DEPART AT 7 A.M.

Sugar Land Senior Center

200 Matlage Way

281-275-2885

Ongoing Activities

Mah Jongg
Monday, Tuesday and Wednesday
1 - 5 p.m.

Bridge
Tuesday
8 a.m. - 2 p.m.

Canasta, Shanghai, Dominoes, Pool
Monday - Friday
8 a.m. - 5 p.m.

Yoga
Monday
9 - 10 a.m.

Walking Club
Meets at the First Colony Mall
Food Court
Tuesday and Friday
8:30 - 9:30 a.m.

Line Dancing
Monday and Thursday - Intermediate
10 - 11:30 a.m.
Monday - Beginning
9 a.m.

Arts & Crafts
Thursday
1 - 3 p.m.

Table Tennis
Wednesday and Friday
8 a.m. - 12 p.m.

This Month's Movie... *"Must Love Dogs"*

Thirty-something pre-school teacher Sarah Nolan (Diane Lane) has been divorced for eight months, and her

coworkers and family believe she's ready to date again. With the best of intentions, her sisters begin lining up all the wrong men in the hopes of finding love connection.

Looking for better results, Sarah's sister Carol (Elizabeth Perkins) pretends to be Sarah and creates a profile on PerfectMatch.com, with the last line reading "Must love dogs."



After a handful of horrible dates, two possible suitors emerge, the awkward Jake (John Cusack) and the newly-divorced dad of one of her students, Bob (Dermot Mulroney).

Luckily for Sarah, she braves the dating scene and rediscovers the importance of never giving up on love.

Spring Fling

Thursday, April 20

5 - 8 p.m.

Join us as we dance the night away to the sounds of Johnny Dyson's Big Band combo. Pre-sale tickets are available at the Parks and Recreation Office. Pre-sale prices: residents: \$4 single/\$6 couple, nonresidents: \$5 single/\$7.50 couple. At the door: residents: \$5 single/\$8 couple, nonresidents: \$6.25 single/\$10 couple.

Irish Soda Bread

2 1/2 cups all-purpose flour
3 tablespoons sugar
2 teaspoons baking powder
1 teaspoon baking soda
1/2 teaspoon salt
1/3 cup cold butter
1 1/4 cups buttermilk
1/2 cup currants **or** raisins



Heat oven to 375°F. Combine all ingredients **except** buttermilk and currants in large bowl; cut in butter until mixture resembles coarse crumbs. Stir in buttermilk and currants just until moistened.

Turn dough onto lightly floured surface; knead gently 10 times. Shape into ball. Place onto greased baking sheet. Pat into 6-inch circle. Cut 1/2-inch deep “X” in top of dough with sharp knife.

Bake for 30 to 35 minutes or until golden brown. Serve warm.

Railroad History



Wednesday, March 15

10 a.m.

Join us as we learn about the history of railroads in Fort Bend County and beyond. Presented by Fort Bend County Library.

Sunset Sail



Friday, April 28

Depart at 1 p.m.

Sailing on Galveston Bay
and shopping in Kemah.

Residents - \$50,

nonresidents - \$62.50. Cost includes
transportation and sailing fees.

Dinner is not included Reservations
begin at 9 a.m. on February 18.

Painted Churches

Wednesday, April 12

Depart at 8 a.m.

Join us as we visit the beautiful
painted churches in Schulenburg.

Residents - \$40, nonresidents - \$50.

Cost includes
transportation, tour
fees and lunch at
Frank's Restaurant.



The Nature Tour

Tuesday, Wednesday & Thursday, March 28, 29 & 30

Depart at 7 a.m.

Join us as we take a boat ride on Lake Buchanan, visit Fredricksburg,
Riverside Nature Center, Wildseed Farms, James Avery and Enchanted



Springs Ranch. Cost for double occupancy is \$250

per person for residents and \$312.50 per person

for nonresidents. Cost for single occupancy is

\$300 per person for residents and \$375 for

nonresidents. Cost includes hotel (Inn of the Hills),

all tour fees, transportation, two breakfasts and

one lunch. A \$100 deposit is due at the time of registration. Registration
begins now.

Senior Safety

Wednesday, February 8

10 a.m.

Fire Extinguisher Training

Learn the basics of fire extinguishers presented by Captain Michael McLemore of the Sugar Land Fire Department. A demonstration will follow the seminar.



Upcoming Parks & Recreation Special Events



Good Friday, April 14

EGGStravaganza
12 noon - 3 p.m.

Eldridge Park

Sundays, April 23 - June 11

Concert Series
Concerts start at 5 p.m.

Oyster Creek Park

April 23

Ezra Charles

Rhythm and Blues

April 30

Neutral Sisters

Reggae

May 7

Acoustic Show

Country

May 14

Lonestar Bluegrass

Bluegrass

May 21

Stephanie Urbina Jones

Latin/Country/Tejano

May 28

Mike Mancy

Rock

June 4

Nite Beat Band

Variety

June 11

Aaron Waston

Country

AARP News

Bring nonperishable foods items for the local food pantry to the AARP meetings.

AARP Chapter #4075

To serve, not to be served

Wednesday, February 22

1 p.m.

Games begin at 10 a.m. and the meeting begins at 1p.m. This month the program will be "Your Vision of the Senior Facility." Mayor David Wallace will be visiting and answering your questions. Hope to see you there. For more information contact President Leon Anhaiser 281-494-2046 or Vice President Pat Shannon 281-980-0964

Old Town Sugar Land Chapter #5385 of AARP, Inc.

Healthy Heart Program

Thursday, February 16,

7 p.m.

Community Educator LeAnn Harry, RN, with Home Health Resources, will present the program at our February 16 meeting. She will be discussing heart disease in both men and women and what you can do to have a healthy heart. The meeting will be held at the Sugar Land Senior Center located at 200 Matlage Way. For information, call Paula Flores at 281-491-5968.

AARP Drivers Safety Program

This program is co-hosted by AARP Chapter #4075
and the City of Sugar Land



Monday and Tuesday , February 27 and 28

Sugar Land Police Department Training Room

9 a.m. - 1 p.m.

Cost for the two-day class is \$10.

Our instructor will be Bill Gallagher. The class is open to anyone with a valid driver's license. The course is NOT certified for ticket dismissal. To reserve, call 281-980-0211 or 281-980-5526

Craft Program



March 2 - Easter Topiary. Bring a 6" styrofoam cone and two - 3" styrofoam balls

March 9 - Sleeping Bunny. Bring a 9" x 4" styrofoam cone, one 1-1/2" styrofoam ball, two styrofoam eggs, one 2-1/2" x 1-7/8" and one 1-15/16" x 1-1/2".



March 16 - Bunny Pot

March 23/30 - Bunny Stack and Bunny Dish Towel. Bring three round papier mache boxes (stackable sizes), a hat and a dish towel.



Need information on housing, financial services, meals on wheels, Medicare, and more? Call the Office for Senior Citizens at 281-491-1134.



City of Sugar Land
Parks & Recreation Department
P.O. Box 110
Sugar Land, Texas 77487-0110

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